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# Making Connections



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## ECDSS UPDATES

### Registration Open for our Fall/Winter Sessions

Welcome to autumn... leaves falling, temperatures dropping, and the hustle and bustle of our new course cycle has begun. We now have our fall/winter 2010/2011 courses posted on our website. Please see page two of this newsletter or visit our website at [www.ecdss.ca/events.php](http://www.ecdss.ca/events.php) to view this seasons line-up and to register. Don't delay as some courses are filling up quickly.

### Courses Tailored to Your Needs

Do you have a group of staff who need a refresher on a certain topic? Are you looking for a speaker for your staff meeting or professional development day? Please visit our website to see what we offer, then contact Tracy Bridges at 780-428-9465 or email [training@ecdss.ca](mailto:training@ecdss.ca) to discuss your specific needs.

### Requesting Your Input

We welcome feedback and suggestions from our colleagues and clients. We will be sending out a survey this month asking for feedback on our services. Please take a few minutes to fill it out.

We are in the process of building the resource section of our website. Do you have any articles or resources that are relevant to families or those working with families in our region? Please let us know.

We also welcome your ideas, events, best practices, and topic requests to include in upcoming newsletters. Contact Nicole at [nmv@shaw.ca](mailto:nmv@shaw.ca) with your suggestions.

### Updated Housing Contacts

New to the resource section of our website is the September 2010 version of the housing options chart and corresponding contact information for our region. Visit [www.ecdss.ca/downloads.php](http://www.ecdss.ca/downloads.php) to download.

EARLY CHILDHOOD DEVELOPMENT  
SUPPORT SERVICES LTD.



"Working together for our children's future."

### Now Offering Parent Sessions

Responding to requests from the community, next month we begin hosting a series of Saturday sessions geared directly to parents. We start the series by offering *Kids Have Stress Too*.

This broad-based, primary prevention program is offered as a two-hour session. Participants will explore the Seven Key Concepts related to children's stress. They will build understanding on how children's stress is different than adult stress. Parents will learn to provide children with the tools needed to deal with stress effectively.

Please pass the course information onto parents who may be interested. Registration is available on our website at [www.ecdss.ca](http://www.ecdss.ca).

Date: Saturday, October 16, 2010,  
1:00—3:00 p.m.

Venue: ECDSS Office,  
205, 10544-114 Street, Edmonton

Cost: \$30.00

# UPCOMING PROFESSIONAL DEVELOPMENT

## Relationship Based Practice—Level I

(Formerly known as Core Home Visitation)

This session focuses on building the knowledge and skills of relationship based practitioners, exploring values and beliefs, and gaining practical strategies for reaching, engaging and supporting hard to reach families. This training will increase awareness and knowledge of child abuse, duty to report, establishing and maintaining healthy boundaries. Practitioners will explore communication strategies, safety practices for working alone, confidentiality and self-care.

Date: September 20-24, 2010 (5 days)  
December 6-10, 2010  
March 7-11, 2011

Cost: \$255.00

## Relationship Based Practice—Level II

This session focuses on deeper exploration of relationship based practices. Participants will explore interdisciplinary practices and how to collaborate with other professionals. Participants are challenged to look at their own values and beliefs and to explore the impact on their ability to support families. Participants will drill deeper into the topic of maintaining healthy boundaries, case-note writing, ethics and leadership.

Date: November 25-26, 2010 (2 days)  
February 7-8, 2011

Cost: \$105.00

## Mental Health First Aid

This two day training will provide a comprehensive introduction to common mental health disorders that impact many of the families supported by ECD programs. While practitioners are often well versed in physical first aid, there is often a lack of understanding related to mental health first aid. Four sessions will cover areas including common mental health problems, addictions, anxiety disorders, depression and psychotic disorders.

Date: November 29-30, 2010 (2 day)

Cost: \$84.00



## Kouzes and Posner Leadership Challenge

Backed by 25 years of original research and data from over three million leaders, The Leadership Challenge® is a leadership development program by bestselling authors Jim Kouzes and Barry Posner. Approaching leadership as a measurable, learnable, and teachable set of behaviors, this proven leadership model proclaims Leadership Is Everyone's Business.

Date: September 27-28 and October 19, 2010 ← **SOLD OUT**  
January 25-26 and February 17, 2011 (3 days)

Cost: \$450.00

## Relationship Based Child Development

This two-day session focuses on child development within the context of relationships. Participants will explore the basic concepts of brain development, relationship development and how interactions between child and caregiver create the crucial foundation for healthy development. Participants will explore the roots of challenging behavior and learn strategies to positively engage children in ways that build relationships.

Date: November 8-9, 2010 (2 day)

Cost: \$105.00

## Dr. Bruce Perry presents *How Extreme Stress Affects Brain Development*

In partnership with Edmonton Public School Board and McMan Youth and Family Services, we are bringing back Dr. Bruce D. Perry M.D., Ph.D. for another session this fall. Dr. Perry will discuss how extreme stress affects brain development: and the implications on children's ability to learn. Over the last thirty years, Dr. Perry has been a leader, active teacher, clinician and researcher in children's mental health and the neurosciences. If you were unable to attend our spring seminar with Dr. Perry, our November session is your next chance.

Date: November 15, 2010  
Location: Beulah Alliance Church,  
17504-98A Avenue, Edmonton  
Cost: \$ 65.00

Register Online at  
[www.ecdss.ca](http://www.ecdss.ca)

# OTHER SEMINARS/COURSES IN OUR REGION

## Helping Women with Substance Abuse

A one-day training event intended to assist service providers in the community in effectively screening and intervening with women who use alcohol, and/or other drugs.

This session is for professionals who work with women who may have a substance use problem, with a focus on pregnant/at-risk women. This training will benefit community health and obstetrical nurses, social workers, physicians, midwives, outreach and community agency workers, home support workers, mentors and advocates.

Date: October 19, 2010

Location: 10010-102 A Avenue, Second Floor

Cost: Training costs are covered by Alberta Health Services, Addiction and Mental Health Enhanced Services for Women.

For more information or to register, contact Lisa MacEachern at 780-415-0021 or e-mail: [Lisa.MacEachern@albertahealthservices.ca](mailto:Lisa.MacEachern@albertahealthservices.ca). Registration is limited.

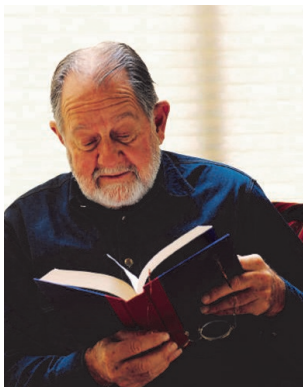
## Literacy and Learning Symposium 2010

The Community Learning Network and Literacy Alberta present Literacy and Learning Symposium 2010. This province wide professional development symposium focuses on how literacy and lifelong learning can be a tool for positive change.

Choose from over 60 presentations and workshops conducted by practitioners and professionals dedicated to making a difference in literacy and lifelong learning for adults .

Date: Oct. 27-30, 2010

Venue: Radisson Edmonton Hotel  
4444 Gateway Blvd



Cost: \$295.00 for the entire event. One day options are also available.

For more information or to register online, visit [www.regonline.ca/](http://www.regonline.ca/)

## Edmonton Social Planning Issues

Edmonton Social Planning is offering another series of engaging lunch-time talks about social issues and organizations that have an impact on our community. Bring your lunch and come get involved.

Location: Stanley Milner Library

Cost: Free

Their next sessions include

- Beyond Food Banks: Food Security in Edmonton with Marjorie Bencz, Executive Director, Edmonton's Food Bank. This session will also feature winning photography from the Edmonton Food Bank Expressions of Hunger contest.

Date: September 29, 2010, 12:00 pm

- Poverty in Edmonton with Bill Moore-Kilgannon from Public Interest Alberta and John Kolkman of the Edmonton Social Planning Council

Date: October 20, 2010, 12:00 pm

- Disabilities Awareness with Lone Challborne from the Canadian Mental Health Association

Date: November 24, 2010, 12:00 pm

More information is available online at [edmontonsocialplanning.ca](http://edmontonsocialplanning.ca) .

## Grant Writing Workshop

Writing funding proposals is a key element in the overall fund development plans for most organizations. In this workshop you will explore the world of writing to prospective funders requesting their support. You will learn how to prepare yourself and your organization to make this targeted appeal for support, about the world of funders and, how to determine if your project fits within the funding interests of the prospective funder and within your organization. Increase your chances for success by improving your understanding of how to prepare well focused proposals.

Date: October 23, 2010, 8:30 am - 4:00 pm

Venue: Grant MacEwan, Alberta College Campus  
Room 409, 10050 MacDonald Drive,  
Edmonton

Cost: \$60.00 (includes continental breakfast and lunch).

Pre-registration is required. For more details, and to register online, visit [eventbrite.com](http://eventbrite.com).

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# APPLYING FOR GRANTS AND BURSARIES

## Women's Community Fund

Status of Women Canada (SWC) invites organizations to apply to the Women's Community Fund. SWC will be accepting and reviewing applications to the fund on an ongoing basis, year-round.

Status of Women Canada is proud to support projects that bring about equality and the advancement of women in the following three priority areas: ending violence against women and girls, especially those in remote, Aboriginal, and immigrant communities; improving women and girls' economic security and prosperity, and; encouraging women and girls in leadership and decision-making roles.

Interested applicants wishing to propose a project for funding are encouraged to contact their Status of Women Canada office in the process of preparing their applications.

Status of Women Canada  
Suite 1001, Highfield Place, 10010  
106 Street, Edmonton  
Phone 780-495-3839 or email  
[infowest@swc-cfc.gc.ca](mailto:infowest@swc-cfc.gc.ca).

For more information visit [www.swc-cfc.gc.ca/fun-fin/wcf-fcf/guide-eng.html#section1](http://www.swc-cfc.gc.ca/fun-fin/wcf-fcf/guide-eng.html#section1).

## Alberta Association of Services for Children and Families Leadership Bursary

Supported by Alberta Children and Youth Support Services the purpose of the Leadership Bursary is to foster future leadership capacity by enabling senior organizational leaders to participate in formal education and professional development programs that enhance their ability to lead their organization and the field. The focus will be to develop or enhance leadership skills and innovation in service delivery and development, human resource management, organizational excellence and fiscal management.

For more information visit [www.aascf.com](http://www.aascf.com).

## Financial Literacy Grant

The TD Financial Literacy Grant Fund is the first of its kind in Canada. This fund provides grants to charitable or other non-profit organizations that serve low income and otherwise economically disadvantaged persons and groups in Canada to support and promote financial literacy. It aims to increase accessibility to financial literacy education for people who may normally be excluded from mainstream financial organizations, enabling them to develop skills, knowledge and confidence in financial issues.

Priority will be placed on projects in the following areas: Innovation, Research & Development, and Strategic Program Development. Grants range from \$25,000 to \$100,000. Projects may be up to two years in length.

The Fund will gather and disseminate the learnings that emerge from the best practices of projects and will evaluate and communicate the impact of funded projects.

For more information visit [www.sedi.org/grantfund](http://www.sedi.org/grantfund).



## Canada's New Multiculturalism Grants and Contributions Program

Inter-Action, Canada's new Multiculturalism Grants and Contribution Program, is administered by Citizenship and Immigration Canada (CIC). The Program supports CIC's mandate and the Canadian Multiculturalism Act by assisting the socio-economic integration of individuals and communities and their contributions to building an integrated and socially cohesive society.

There is a current call for proposals that support (1) Building an integrated, socially cohesive society, (2) Improving the responsiveness of institutions to the needs of a diverse population, and/or (3) Actively engaging in discussions on multiculturalism and diversity at the international level

For more information visit the website [www.cic.gc.ca/english/multiculturalism/funding/index.asp](http://www.cic.gc.ca/english/multiculturalism/funding/index.asp).

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# LOW OR NO COST FAMILY EVENTS

## Meet Your Neighbours... It's Edmonton Community League Day

Do you wish there was an easy way to meet your neighbours? The Edmonton Federation of Community Leagues (EFCL) is currently promoting their *Living Local Campaign*. The EFCL has declared September 18, 2010 as this year's official community league day.

So far there are 91 community leagues participating that day with a large line up of events and activities throughout the city. EFCL has a fabulous website that lists the events happening in neighbourhoods across the city.

Date: September 18, 2010

Location: Citywide

Cost: Mainly free with a community league membership.

For more information and to find out what is available in your neighbourhood, visit the EFCL website at [www.efcl.org](http://www.efcl.org).

## International Observe the Moon Night

September 18, 2010 marks the first ever International Observe the Moon Night. The Royal Astronomical Society of Edmonton welcomes everyone who is interested in the moon or the night sky to visit the Observatory at TELUS World of Science.

View celestial objects including the moon, through the telescopes. The Observatory features an array of telescopes operated by members of the society and the TELUS World of Science. There will be plenty of opportunities to learn about the sky, observe the Moon and Jupiter, and many other celestial wonders.

Date: Saturday, September 18 (weather permitting)  
7:00 - 11:00 pm

Location: 11211 - 142 Street Edmonton

Cost: FREE

For more information, visit the website at [edmontonrasc.com](http://edmontonrasc.com).

## Eating Well and Staying Active Together

Want to improve your daily health habits but not sure where to begin? Attend a program where a registered dietician gives tips and tools to improve your well-being and shares healthy habits.

Healthy eating together promotes wellness

Active living at all ages is important for a strong body and mind

Becoming connected to each other, food builds healthy communities

Involving family and friends in meals encourages healthy choices and life skills

Taking time to talk brings people together

Shopping smart saves time and money.

## FREE Admission Day

The City of Edmonton and ENMAX present the annual celebration of recreation at some of the City's leisure, sports and fitness facilities and attraction sites. Special activities will run all day.

Date: Sunday, September 26,  
10:00 am - 6:00 pm

Location: Facilities around the city.

Cost: FREE

For a complete list of events, call 311 or visit [www.edmonton.ca/freeadmissionday](http://www.edmonton.ca/freeadmissionday).



## Londonderry Mall Resource Fair

It will be fun for the whole family at Londonderry Mall. Join them for a community resource fair. Parents can find out about agencies and resources in their community, while the kids can enjoy some entertainment and face painting.

Date: Saturday, September 25  
11:00 a.m.—4:00 p.m.

Location: Londonderry Mall  
137 Avenue and 66 Street, Edmonton

Cost: FREE

For more information visit the mall website at [www.londonderrymall.com/mall-events.php](http://www.londonderrymall.com/mall-events.php).

Date: Thursday, September 30

Location: Lois Hole Library, 17650-69 Avenue

Cost: FREE

Register online at [www.epl.ca](http://www.epl.ca), in-person or call 780-442-0888. Registration begins September 16.

# DID YOU KNOW...

## No Cost Dental Clinic for Edmonton Youth

SHINE Dentistry is a non-profit clinic operated by the dental students of the University of Alberta. Based out of the Boyle McCauley Health Centre, the clinic provides dental care to low-income and inner-city youth. Dental work is performed by volunteer dental students, who are assisted by licensed dentist preceptors.

All of the services provided by the SHINE Youth Clinic are FREE. No ID or Health Care required. No appointments are needed! Clients can drop in during clinic hours on Saturdays from 2-6 pm.

For additional information, visit the website at [www.shinedentistry.ca](http://www.shinedentistry.ca).

## 10 Year Plan to End Homelessness On the Road to Success...

More than 500 people who were formerly homeless are now living in a home of their own, just one year after the launch of Edmonton's 10 Year Plan to End Homelessness.

The year-one highlights of Edmonton's 10 Year Plan to End Homelessness:

- 424 supported housing units secured, far exceeding the target of 150 units set for 2010.
- 546 people housed.
- A Pathways to Housing program has been developed, helping people with the most challenging and complex needs find a safe home.
- A Rapid Exit Program has been established at one shelter, where support workers help people in need find secure, stable housing.
- A Housing First Action Centre has been established, to coordinate the delivery of programs. The Action Centre negotiates with private landlords for provision of units throughout the city. No more than 20% of the units in any one building are to be set aside for the program.
- Edmonton's first furniture bank has been established.

For more information on Edmonton's 10 Year Plan to End Homelessness, visit the website: [www.endedmontonhomelessness.com](http://www.endedmontonhomelessness.com).



*"Working together for our children's future."*

### Contact Us

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This newsletter is researched and produced by Nicole Vogel, Communication Consultant, ECDSS. We welcome your comments and suggestions, including research findings, fundraisers, events, resource connections, site visits, etc.

Please contact Nicole at [nmv@shaw.ca](mailto:nmv@shaw.ca) with any suggestions.



**Edmonton & Area**  
Child & Family Services Region 6

Early Childhood Development Support Services is supported by funding through the Edmonton and Area Child and Family Services Authority (CFSA). This funding is provided to assist Early Childhood Development funded service providers with program delivery, program development, data collection, evaluation and training. Through ongoing collaboration with the CFSA, this newsletter is intended to provide information to service providers pertaining to these services.