



ECD Support Services Program News

ECDSS Reminders

Meetings

ECDI Meetings

Dates: Sept. 8/08, Nov. 3/08
Location: Norwood FRC
Time: 1:30pm

Home Visitation Operations Committee Meetings

Date: Sept. 9/08
Location: Strathcona FCSS
Time: 1:30pm

Date: Nov. 4/08
Location: ECDSS Office
Time: 1:30pm

Events

Region 6 Home Visitation Team Leader Leadership Retreat

Date: Sept. 29 & 30, 2008
Location: 946 Chahley Crescent
Time: 9-4pm

Region 6 Head Start Program Manager Retreat

Date: Oct. 2 & 3, 2008
Location: Lily Lake Resort
Time: 9am Thursday
to 3pm Friday

**Please register at
www.ecdss.ca for the
above events.**

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→ DON'T
FORGET!

Upcoming Events

Weaving Wisdom and Wellness For Our Children's Future

Topics cover a spectrum of health and wellness topics that will engage, entice and enhance your work with children and families. Enjoy keynote speakers, visit during lunch and be prepared to learn, laugh and share with highly knowledgeable presenters and your ECD colleagues.

Register online at www.ecdss.ca

Sign up early for our health and wellness conference on October 20, 2008 at the **Santa Maria Goretti Centre.**

HOMES Update

Tracy Bridges is available for refresher HOMES training by appointment. Please call Tracy at (780) 905-5986 if you would like to set up time for your staff.

Remember The fall is a busy time for training and getting back into the swing of things so don't put off your data collection to long.

Review the HOMES navigation manual for service planning and progress reporting.

It is also time to create new groups for your programs, DO NOT delete previous groups, just make them **inactive**.



Professional Development

Family Outreach Training

Date: Nov. 14,21,28, 2008
Cost: \$150

Working with High Risk Families in Centre-based/ Child care settings

Date: November 17-19, 2008
Cost: \$350

Core Relationship Based Practice Training

Date: December 1-5, 2008
Cost: \$250

Promoting Social & Emotional Competence in Young Children

Date: January 15-16, 2009
Cost: \$100

Mental Health First Aid Training

Date: January 19-20, 2009
Cost: \$75

ASQ-Ages & Stages Questionnaire Training

Date: January 26, 2009
Cost: \$50

ASQ:SE Ages & Stages Questionnaire: Social/Emotional Half-day Training

Date: January 27, 2009
Cost: \$25

Level 2 Core Relationship Based Practice Training

Date: February 12-13, 2009
Cost: \$100

Family Outreach Training

Date: March 9-11, 2009
Cost: \$150

Core Relationship Based Practice Training

Date: March 16-20, 2009
Cost: \$250

Please register at www.ecdss.ca for all training events



What is Listeria?

Listeria monocytogenes are bacteria that can cause a food-borne illness called listeriosis. The bacteria are common in the environment and have been known to contaminate soft cheeses made from unpasteurized milk, raw meat, unwashed vegetables, deli meats and hot dogs.

Is it dangerous?

Healthy people can fight off many bacterial infections. The symptoms of listeriosis are similar to food poisoning - vomiting, diarrhea, and fever. It can be treated with antibiotics. In people with compromised immune systems - the elderly, babies, and cancer patients - listeriosis can be dangerous, leading to life-threatening encephalitis and meningitis.

Those at greatest risk are pregnant women because listeriosis can provoke miscarriage and stillbirth, and infect the fetus.



How safe is deli meat?

Deli meats, cold cuts and the like are cooked, which kills most bacteria and other pathogens. Because pathogens multiply with time, and listeria thrives in the cold, it is important to respect the "best before" date on the package.

If listeria is common, why has it suddenly become dangerous?

While the organism is common in the environment, as food-borne illnesses go, listeriosis is fairly unusual. Canada has only about 100 cases each year and few deaths, so when a couple of fatal cases occur in nursing homes in close proximity, alarms are raised.

Additionally, scientists can now do genetic fingerprinting to identify the strain at the root of the outbreak to distinguish it from isolated cases.

What does this outbreak tell us about the safety of our food supply?

It's noteworthy that listeriosis was virtually unknown before the advent of "ready-to-eat" foods. Incidents of food poisoning and contamination used to be fairly contained and local.

Now, given the way food is produced, processed and distributed through vast networks that span continents, outbreaks of food-borne disease can stretch far and wide.

Information in this article taken directly from the *Globe & Mail*- Tuesday August 26, 2008

September—Building Laughter in the Walls

On our calendar of recovery, September is our month for building and remembering the experiences our children will carry with them throughout their lives. It is a necessary part of growing up, and a necessary part of a parent's reflections on all of the precious yesterdays he or she shared with a child who is, perhaps, estranged and far away today. It is a true test of your new elastic!

Treasure the Good Memories

Are you building laughter in your home? Maybe not by throwing Jell-O, but by other avenues that make your home a happy memory place. Is it alive with music and singing and a clock that chimes, and some *life*? Living in a house can be so dull if you are not *alive* yourself. And laughter in the walls has to come from the people living in the home. Get some laughter into your life today, and then when the house is empty, you will remember all the laughter in the walls from the yesterdays full of laughter. This poem says the same thing in a slightly different but equally valuable way.

Memories are so important. Those of you who have a rebellious child probably are thinking right now that you don't want the memories, that thinking of happier times only makes the pain of today harder to bear. But, please, be grateful for what you and your child had before, and treasure it. It is too precious to waste. And use what you had before to help you bear what you have today.

This poem echoes the laughter we have in our walls. Are you building laughter in your walls?

The Vacant Sandbox

Vacant now, the sandbox stands.
No childish feet, no little hands
Sift the still and silent sands.

I close my eyes and I can see
Small children, in my memory,
Talking, laughing happily,
Building roads and bridges high,
Forts and castles to the sky.
But since, have many days gone by.

Those children, now to adults grown,
Have scattered far from childhood home
And they have children of their own.

Be patient, sandbox, for some day
When other children pass this way
You'll be a haven for their play

Clarice Lancaster

