



ECD Support Services Program News

ECDSS Reminder

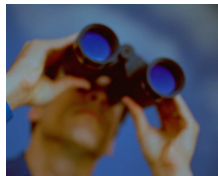
SIGN UP NOW

ECDSS is setting up an email subscription system for the website.

If you would like to receive email notices whenever new

information posted on our website, send an email message to ecdss@shaw.ca with **subscription** in the subject line.

www.ecdss.ca



See you in September!

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Upcoming Events

Weaving Wisdom and Wellness For Our Children's Future

Sign up early for our health and wellness conference October 20, 2008 at the **Santa Maria Goretti Centre**.

Topics cover a spectrum of health and wellness topics that will engage, entice and enhance your work with children and families. Enjoy keynote speakers, visit during lunch and be prepared to learn, laugh and share with highly knowledgeable presenters and your ECD colleagues.

Register online at www.ecdss.ca



HOMES Update

Tracy and Christi are available for refresher HOMES training during the month of August. Please call if you would like to set up time for your staff.
Tracy Bridges: 780-905-5986, Christi Lein: 780-818-0060.

Remember Summer is a great time to make sure all of your data is up-to-date. Review the HOMES navigation manual for service planning and progress reporting.

It is also time to create new groups for your programs, DO NOT delete previous groups, just make them **inactive**.



Professional Development

ASQ-Ages & Stages Questionnaire Training

Date; August 26, 2008
Cost: \$50

ASQ:SE Ages & Stages Questionnaire: Social/Emotional Half day Training

Date: August 27, 2008
Cost: \$25

Kids Have Stress Too! Preschool

Date: September 20, 2008
Cost: \$200

Kids Have Stress Too! Facilitator

Date: September 25, 2008
Cost: \$200

Family Outreach Training

Date: November 14,21,28, 2008
Cost: \$150

Working with High Risk Families in Centre-based/ Child care settings

Date: November 17,18 & 19, 2008
Cost: \$350

Core Relationship Based Practice Training

Date: December 1-5, 2008
Cost: \$250

Promoting Social & Emotional Competence in Young Children

Date: January 15-16, 2009
Cost: \$100

ASQ-Ages & Stages Questionnaire Training

Date: January 26, 2009
Cost: \$50

ASQ:SE Ages & Stages Questionnaire: Social/Emotional Half day Training

Date: January 27, 2009
Cost: \$25

Level 2 Core Relationship Based Practice Training

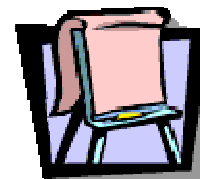
Date: February 12-13, 2009
Cost: \$100

Family Outreach Training

Date: March 9-11, 2009
Cost: \$150

Core Relationship Based Practice Training

Date: March 16-20, 2009
Cost: \$250



Health News for You by Kathy Newman R.N.

West Nile Virus

West Nile virus is a **mosquito-borne virus** that can cause West Nile Non-Neurological syndrome (formerly known as West Nile fever) or occasionally the more serious West Nile Neurological Syndrome. WNV is transmitted to humans primarily **through the bite of an infected mosquito**. One in five people who do become infected become ill. Severe illness associated with the virus is rare, but risk increases with age.

Personal protection

The best way to reduce the risk of infection is to avoid mosquito bites. Severe disease is rare, but can happen at any age. The risk of serious illness increases with age. Everyone can take some simple precautions to reduce their own risk.

- Use a mosquito repellent containing DEET or other approved ingredients on exposed skin; apply it to clothing as well, because mosquitoes can bite through fabric.
- Wear long-sleeved shirts and pants during peak mosquito times.
- Place mosquito netting over infant carriers when outdoors.

Around the yard

Make sure there is no standing water in your yard where mosquitoes can lay their eggs.

- Look for any place where water can collect. This can be a bird-bath, unattended pet watering bowl, inflatable wading pool, fish-pond, old tire, plastic tarp or bucket. Do not let water stand in these places for more than seven days. Note: Chlorinated swimming pools are an exception.
- Clean leaves and debris from eavestroughs regularly to prevent clogs that can trap water.
- Use a mesh-screened lid to keep mosquitoes off the water surface of rain barrels. Wrap screening tightly around any open joints on the downspouts.
- Avoid excessive lawn watering. Save water – and keep mosquitoes down!

Around the house

Keep mosquitoes out of the house by following these simple steps:

- Check all window and door screens; repair any holes.
- Keep outside doors closed. Consider installing an automatic door closer if your family forgets to shut the door.
- Use mosquito netting or screened enclosures to let your family enjoy protected outdoor living during periods of high mosquito activity.

The symptoms

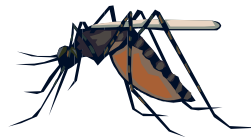
Most people who become infected with West Nile virus will experience no symptoms, or a mild fever.

- Very few individuals will experience the more severe symptoms of West Nile neurological syndrome.
- The Provincial Laboratory of Public Health will provide results on tests of human samples within one week.

West Nile fever

West Nile fever is a mild illness. Symptoms occur three to 15 days following the bite of an infected mosquito, and can include:

- Fever;
- Headache;
- Body aches;
- Skin rash; and
- Swollen glands.



The risk of getting WNV in Alberta remains low. Even in other provinces where the virus is present, only a small percentage of mosquitoes will carry the virus, and only a small number of people bitten by an infected mosquito will develop serious illness. You don't have to go overboard to protect yourself from West Nile virus. Just follow the steps suggested to avoid mosquito bites.

For more information, contact your local health region's public health office, or go online to **www.health.alberta.ca** and **www.fightthebite.info**.

Information in this article taken from www.fightthebite.com

A Prayer for Guides

Help me create a setting for risk.

As each new person and family comes to visit me,
help me to recognize and accept
The fear and the pain they bring with them.

Let me show them I am not afraid.

Let me use my sensitivity and courage
To mirror back to them all that I see and hear
that keeps them in their bondage
of pain and loneliness.

Give me the care and perception
to show them their gifts and their power.

Let me reach out and touch-
then let me leave them alone.

Let me trust in their strength and their courage.

Let me let them make their own decisions and choices.

Help me lead people to wholeness
by being whole.



Sharon Wegscheider

Community Event

THE PARENT-CHILD MOTHER GOOSE PROGRAM® TEACHER TRAINING WORKSHOP SEPTEMBER 25/26, 2008



In a 2006 national survey the Parent-Child Mother Goose Program® received more 5-star ratings from service agencies than any other parent-child program in the country.

The Parent-Child Mother Goose Program is a group experience for parents and their babies and young children focusing on the pleasure and power of using oral and through-the-air rhymes, songs, and stories together.

Teacher Training Workshops cover:

- The philosophy and objectives of the Parent-Child Mother Goose Program.
- The material of the Parent-Child Mother Goose Program, including: *Rhymes* - many examples of interactive rhymes; how they fit into the program, how to use interactive rhymes and, how to teach them to parents. *Songs* - learn lullabies and dancing songs; when to use them and how to teach them to parents. *Storytelling* - why it's an essential part of the program; how to learn and tell a story, and enjoy it!
- The logistics of how to run a Parent-Child Mother Goose Program — from setting up a group, to putting out the blankets, to saying goodbye.

The Cost of the Workshop includes:

- P-CMGP Teacher Training Manual
- Rhymes and Songs booklet
- P-CMGP Forms booklet and other resources
- free 6-month membership.

A variety of additional resources will be available for sale at the workshop.

After attending this workshop you are able to start running a Parent-Child Mother Goose Program.

***Please note that all Parent-Child Mother Goose Programs must be taught by two trained teachers.**

When: September 25 & 26, 2008, 8:30 a.m. – 3:15 p.m. both days

Where: Fort Saskatchewan Boys and Girls Club, 10090-93 Ave, Fort Saskatchewan, AB.

Cost: \$150.00

Facilitator: Beth Hutchinson is the B.C Provincial Coordinator for the Parent-Child Mother Goose Program through the B.C. Council for Families, and she has been leading Parent-Child Mother Goose Teacher Training Workshops for 10 years.

Refreshments and lunch will be provided.

To register contact:

Heather Boonstra

Rhymes and Storytimes Parent-Child

Mother Goose Program Coordinator

780-998-5595, ex. 223

heatherb@familiesfirstsociety.ca

Registration Page for Parent-Child Mother Goose Program Facilitator Training



Thank you for registering for our Parent-Child Mother Goose Program Facilitator Training Workshop on September 25 and 26 (Thursday/Friday), 2008!

We need the following information from you please:

Name: _____

Agency (if applicable): _____

Phone number: _____

Email: _____

Full payment of \$150.00 must be made upon registration, no post-dated cheques accepted.

Cheques payable to Families First Society
Box 3285, Fort Saskatchewan, AB T8L 2T3

If you can, please indicate on the cheque that the cheque is for the P-CMGP Training.

Rate includes workshop materials, refreshments and light lunch.
Receipts will be issued at the workshop.

Cancellations must be in writing and received prior to September 1, 2008. A \$25.00 administration fee will be charged. No refunds after this date.

Families First reserves the right to cancel the training and will refund registration fees, not travel expenses.

Workshop location: Fort Saskatchewan Boys and Girls Club, 10090-93 Ave, Fort Saskatchewan, AB.

Time: Workshop will be 8:30 a.m. to 3:15 p.m. both days.

For further information contact:
Heather Boonstra, Families First Society
Telephone: (780) 998-5595, ex. 223
Fax: (780) 998-5503
heatherb@familiesfirstsociety.ca

Additional Training Opportunity

THE PARENT-CHILD MOTHER GOOSE PROGRAM® BUILDING ON YOUR EXPERIENCE WORKSHOP

Come and join us for this one day workshop, designed specifically for individuals with some experience teaching in a Parent-Child Mother Goose Program.

When: Saturday, September 27, 2008, 9:00 a.m. - 4:00 p.m.

Where: Fort Saskatchewan Boys and Girls Club, 10090-93 Ave, Fort Saskatchewan, AB.

Cost: \$75.00

Hosted by the Fort Saskatchewan Families First Society