

## Core Courses

- Relationship Based Practice, Level 1 and 2
- Kouzes and Posner's Leadership Challenge
- Child Development
- Ages and Stages Questionnaire
- Group Facilitation Skills
- Kids Have Stress Too!
- Mental Health First Aid

## Health and Wellness Lunchbox Series

This series was developed as half-day or 1.5 hour lunchtime workshops aimed at increasing staff wellness and promoting self-care. Topics include:

- The Power of Full Engagement
- The Soft Addictions Solution
- When Your Body Gets the Blues

## Designed for You

We customize half-day workshops tailored to your needs. Topics include:

- Team Building
- Communication
- Relationship Building
- Child Development
- Parenting, etc.

Customized sessions include theory, video presentations, and small group work activity. Participants will learn the theory, review the application and explore the strategies to support that area of development.

Please visit our website at [www.ecdss.ca](http://www.ecdss.ca) to view our full list of topics and build your own workshop.

## Contact Us

Early Childhood Development  
Support Services (ECDSS)  
205, 10544 – 114 Street  
Edmonton, Alberta  
T5H 3J7

Phone: 780-428-9465  
Fax: 780-444-3154  
E-mail: [info@ecdss.ca](mailto:info@ecdss.ca)  
Website: [www.ecdss.ca](http://www.ecdss.ca)

## Locations

Our training facility is located centrally in Edmonton, Alberta. We also provide training at regionally located facilities convenient to our participants or we can provide on-site delivery to an audience of 10 or more.



**Edmonton & Area**  
Child & Family Services Region 6



*"Working together for our children's future."*



ECDSS is supported by funding through the Edmonton and Area Child and Family Services Authority (CFSA). This funding is provided to assist Early Intervention funded service providers with program delivery, program development and professional development.

*"Excellent training! I feel so much more confident - like by 100%!"*



## Our Vision

Providing accessible evidence-based professional development and support services for practitioners who support children and families.

## We Believe:

- Support for children and families comes from skilled and reflective professionals.
- Professionals who work with children and families are supported in achieving the highest level of performance through continuous access to professional development and life-long learning.
- Professional development enhances the essential skills and knowledge that practitioners need to attain positive outcomes for the families they work with.
- It's important to translate knowledge into practice and to bridge theory and application.

*"The facilitators were amazing, creating an environment of safety. Considering all learning styles and a wide variety of experiences, the facilitators made it relevant and engaging."*

## We Respect our Participants by:

- Creating a supportive environment that promotes equity, respect, responsibility, curiosity, collaboration, flexibility, risk-taking and creativity.
- Aligning courses to reflect the realities of those working in the human services field.
- Providing material and content that are evidence-based and reflect the latest research.
- Allowing time for relationship building, self reflection and networking amongst participants.
- Designing courses to meet the various learning styles and competencies of adult learners.
- Modifying courses and delivery based on participant feedback and evaluation.



## We Respond to the Community by:

- Meeting with early intervention professionals and front-line staff in the community to assess professional development needs.
- Visiting early intervention programs to maintain our understanding of current issues in the field.
- Coordinating central intake for Home Visitation programs in our region.
- Providing an up-to-date website, monthly newsletter and bi-annual conferences that feature current research and best practices.
- Maintaining a continual dialogue with our partners.
- Facilitating collaboration and coordination between stakeholders.



*"Very informative, fun, interactive! The trainers presented as though they truly love the work that they do, and it was very positive, encouraging and reaffirming that I also love this work. Much appreciated and will definitely be interested in doing more training!"*